

## **FHJHS Athletic Discipline Policy**

This is a cohesive consequence policy for all sports at Floyd Henson Junior High School. This policy begins the 1<sup>st</sup> day of practice and continues through the last game/contest of that sport season.

### **Athletic Point System for Discipline:**

- ❖ Discipline will be based on a point system as follows:
  - Unexcused absence = 1 point
  - Detention = 1 point
  - In-school suspension = 2 points
  - Out-of-school suspension = 3 points
- ❖ Once an athlete has obtained **5** points that athlete will be dismissed from the team
  
- ❖ Consequences for obtaining points
  - 1 Detention/Unexcused absence = extra running
  - 2 Detentions/Unexcused absences = athlete will sit 1 game
  - 3 Detentions/Unexcused absences = athlete will sit 2 games
  - 4 Detentions/Unexcused absences = athlete will sit 3 games
  - 5 Detentions/Unexcused absences = athlete will be dismissed from the team
  
  - In-school suspension = athlete will sit one game
  - Out-of-school suspension = athlete will sit 2 games

### **Eligibility**

- ❖ An athlete must have an up-to-date physical examination, signed athletic handbook (2 pages) submitted to the office, and a team rules sheet signed by parent/guardian and athlete that has been returned to the coach to be eligible to practice and play.
- ❖ Academic eligibility is taken in the morning on the first school day of the week.
  - An athlete is ineligible when failing **2** classes for the year.
  - When an athlete is ineligible for **3** weeks (does not have to be consecutive) during the season, that athlete will be dismissed from the team as detailed in the Flora CUSD #35 Athletic Handbook.
- ❖ If an athlete has an injury or extended illness, the parent/guardian must provide a medical note and communicate with the coach and athletic director. As a team member, when the athlete is permitted to be back at school and to attend extra-curricular activities, the athlete is required to attend practices (even if they cannot participate) and attend all games with the team.

### **Games**

- ❖ Athletes are required to ride the bus to away games. If an athlete does not ride the bus to an away game, that player will not be allowed to dress and play in the game unless it has been **preapproved** by the administration.
- ❖ Athletes may be signed out by a parent/guardian to leave with them after an away game rather than riding the bus home. If an athlete is going to ride home with someone else other than the parent/guardian, a signed note must be approved by administration during the regular school day.